










August 2016 RUDYARD/KINROSS

SUN	MON	TUE	WED	THUR	FRI	SAT
	1 CUBED STEAK w/ GRAVY WILD RICE PEAS BANANA	2 BAKED CHICKEN SWEET POTATO CAULIFLOWER PINEAPPLE	3 PORK CHOP O'BRIEN POTATO BRUSSEL SPROUTS CANTALOUPE	4 CHICKEN & NOODLE CARROTS ORANGES	5 ROAST BEEF M. POTATOES PEAS & CARROTS COOKIE	SUGGESTED DONATION OF \$2.50 FOR SENIORS \$5.00 FOR GUESTS
	8 SHEPERDS PIE COLESLAW BISCUIT APPLE CRISP	9 MAC & CHEESE MIXED VEGGIES SPRING SALAD PLUMS	10 PORK ROAST S. CR & CH POTATO GR BEANS APPLESAUSE	11 BR CHICKEN BREAST OV POTATOES SPINACH PEACHES	12 TUNA NOODLE CAS- SEROLE CONFETTI CORN BANANA	
	15 SWISS STEAK M POTATOES CARROTS ORANGE	16 BBQ CHICKEN BAKES BEANS MIXED VEGGIES COOKIE	17 GOULASH GLAZED CARROTS SPRING SALAD PEAR CUP	18 HAM SW. POTATOES BUTTER BEANS FRUIT COBBLER	19 TURKEY ON A CROIS- SANT POTATO SALAD COLESLAW WATERMELON	
	22 SPAGHETTI w/ MEAT SAUCE ASPARAGUS BERRY CUP	23 PIZZA SUPREME PICK BEET & ON SAL- AD FRUIT BONANZA	24 CHICKEN BREAST CAULI/ BROCC. BLEND PINEAPPLE SALAD	25 MEATLOAF M. POTATOES GR BEANS COOKIE	26 SCR. EGGS w/ CHEESE SAUSAGE LINKS HASH BROWNS MINI FRUIT DANISH APPLE	
	29 SLOPPY JOE HOME FRIES CONFETTI CORN BROWNIE	30 EGG SALAD SAND. CHICKEN NOOGLE SOUP CUCUMBER SALAD TROP. FRUIT SALAD	31 ROAST BEEF BRUSSELS SPROUTS BANANA	MEAL IS SERVED AT 12:00 ALL MEALS SERVED WITH BREAD & MILK	THIS MONTHLY MENU MAY CHANGE DUE TO CIRCUMSTANCES OUT OF OUR CONTROL	

KINROSS SERVING: M-W-F 906 495-5381

RUDYARD SERVING: T-W-TH 906 478-5041